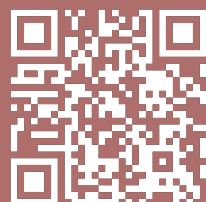


CONNECT



EVENTS



CONTACT



BREAKFAST MENU

HOT DRINKS

POT OF TEA		COFFEE	
English Breakfast	3.5	Espresso	3
Earl Grey	3.5	Americano	3
Peppermint	3.5	Latte	3.5
Chamomile	3.5	Cappuccino	3.5
Jasmine	3.5	Macchiato	3.5
Mao Feng	3.5	Flat White	3.5
Superfruit	3.5	Mocha	4
Fresh Mint	3.5	Hot Chocolate	3.8
Lemongrass & Ginger	3.5		
Masala Chai	3.5	Alternative milks	0.3
		oat/almond/coconut	
		Syrups	0.5

SOFT DRINKS

Juices	4
Apple / Orange / Cranberry / Pineapple	
Frobishers	4
Apple & Raspberry / Orange & Passionfruit	
Apple & Mango / Sparkling Elderflower	
Marlish Mineral Water	
Still / Sparkling	
330ml	2.5
750ml	4

SÓPERS
HOUSE.

Download the
Sópers House App

Experience a faster more convenient way to order from The Terrace & Refuel. Download the app, register, & complete your profile to get started

SCAN ME

BREAKFAST

The English	14	Breakfast Sandwiches	6
Fried egg, bacon, cumberland sausage, tomato, mushroom, hash brown, baked beans, toast		Choose from sausage, egg, bacon Add extra items (see below)	
The Breakfast of Champions☆	16	Three Scrambled Eggs on Sourdough Toast	8
Bavette steak, 2 fried eggs, mixed leaf salad		Add: sausage / bacon / smoked salmon	
Add extra items (see below)			
The Veggie (v)	12	Smashed Avocado on Sourdough Toast with Poached Eggs	8
Fried egg, halloumi, avocado, mushroom, hash brown, baked beans, toast		Add: sausage / bacon / smoked salmon	
Eggs Royale	9	Porridge	6
Smoked salmon, poached egg, hollandaise sauce, toasted muffin		Berries, almonds, honey (v)	
Eggs Benedict	9	Granola Bowl	6
Bacon, poached egg, hollandaise sauce, toasted muffin		Greek yogurt, berries, honey (v)	
Three Egg Omelette	8	Fruit Salad	8
Choose three: ham / cheese / red onion / pepper / mushroom / tomato / spinach		Summer fruit platter, yoghurt, honey (v)	

MEDI BREAKFAST

A hearty Mediterranean plate featuring scrambled eggs, grilled halloumi, sucuk, mixed olives, fresh salad, hash brown, toasted sourdough, a side of honey and jam, 14

CREATE YOUR OWN

Two Slices of Toast	3	Baked Beans	1.5
Choose: White / brown / sourdough		Smoked Salmon	3
Choose Your Egg: Fried / poached / boiled / scrambled	2	Bacon	3
Avocado	3	Cumberland Sausage	3
Sliced / smashed		Mushroom	1.5
Two Hash Browns	2	Halloumi	3
Tomato	1.5	Fried Onion	2
Grated Cheddar Cheese	1	Condiments	1
Fries	5	Jam / marmalade / Marmite / peanut butter	

Our menu descriptors do not include all ingredients or allergens. Please inform us of any specific dietary requirements, allergies and intolerances, before ordering. Whilst we make every effort to ensure that your food is suitable for you, unfortunately it is not possible for us to guarantee that our dishes will be 100% allergen or contamination free. Our meat and fish dishes may contain small bones. Menus are subject to change due to seasonality and product availability. In the case that an option is unavailable, we will do our best to offer a suitable alternative. THE TERRACE AT SÓPERS DOES NOT ACCEPT CASH PAYMENT.
V = Vegetarian. VE = Vegan. GF= Gluten Free

TERRACE TRAYS

Monday – Friday
12:00pm – 3:00pm
Available for Eat-In or
Takeaway



Mix and match from a variety of vegan bases, proteins, sides, and sauces, crafted with healthy whole-food ingredients



Scan the QR code above to view our menu, or ask your server for a printed copy