

HOT DRINKS

POT OF TEA

English Breakfast	3.5
Earl Grey	3.5
Peppermint	3.5
Chamomile	3.5
Jasmine	3.5
Mao Feng	3.5
Superfruit	3.5
Fresh Mint	3.5
Lemongrass & Ginger	3.5
Masala Chai	3.5

COFFEE

Espresso	3
Americano	3
Latte	3.5
Cappuccino	3.5
Macchiato	3.5
Flat White	3.5
Mocha	4
Hot Chocolate	3.8
Alternative milks oat/almond/coconut	0.3
Syrups	0.5

SOFT DRINKS

Juices

Apple / Orange / Cranberry / Pineapple

4

Frobishers

Apple & Raspberry / Orange & Passionfruit
Apple & Mango / Sparkling Elderflower

4

Marlish Mineral Water

Still / Sparkling

330ml	2.5
750ml	4

BREAKFAST

The English

Fried egg, bacon, cumberland sausage, tomato, mushroom, hash brown, baked beans, toast

14

The breakfast of champions ☆

Bavette steak, 2 fried eggs, mixed leaf salad
Add extra items (see below)

16

The Veggie (v)

Fried egg, halloumi, avocado, mushroom, hash brown, baked beans, toast

12

Eggs royale

Smoked salmon, poached egg, hollandaise sauce, toasted muffin

9

Eggs benedict

Bacon, poached egg, hollandaise sauce, toasted muffin

9

Three egg omelette

Choose three: ham / cheese / red onion / pepper / mushroom / tomato / spinach

8

Mushroom toast ☆

Hen of the wood mushrooms, poached egg

9

Breakfast sandwiches

Choose from sausage, egg, bacon
Add extra items (see below)

6

Three scrambled eggs on sourdough toast

Add: sausage / bacon / smoked salmon

8

Smashed avocado on sourdough toast with poached eggs

Add: sausage / bacon / smoked salmon

8

Porridge

Berries, almonds, honey

6

Granola bowl

Greek yogurt, berries, honey

6

American pancakes

Maple syrup, forest berries

8

CREATE YOUR OWN

Two slices of toast

Choose: White / brown / sourdough

3

Choose your egg: Fried / poached / boiled / scrambled

2

Avocado

Sliced / smashed

3

Two hash browns

2

Tomato

1.5

Grated cheddar cheese

1

Fries

5

Baked beans

1.5

Smoked salmon

3

Bacon

3

Cumberland sausage

3

Mushroom

1.5

Halloumi

3

Fried onion

2

Condiments

1

Jam / marmalade / Marmite / peanut butter

Our menu descriptors do not include all ingredients or allergens. *Gluten-free option available. Please inform us of any specific dietary requirements, allergies and intolerances, before ordering. Whilst we make every effort to ensure that your food is suitable for you, unfortunately it is not possible for us to guarantee that our dishes will be 100% allergen or contamination free. Our meat and fish dishes may contain small bones. Olives may contain stones. Menus are subject to change due to seasonality and product availability. In the case that an option is unavailable, we will do our best to offer a suitable alternative. THE TERRACE AT SÓPERS DOES NOT ACCEPT CASH PAYMENT.

Why not come
and try

TERRACE TRAYS

Served from
12.00pm to 3.00pm
Eat in or Takeaway
Monday - Friday



Create the ultimate
lunch with
Terrace Trays

Choose from a
variety of vegan
bases, proteins,
sides and sauces
made from
healthy whole
food ingredients

Nutritious
and delicious

ASK YOUR SERVER TO SEE THE
TERRACE TRAY MENU

SÓPERS
HOUSE.

Download the Sópers House App

Experience a faster more convenient
way to order from The Terrace &
Refuel. Download the app, register, &
complete your profile to get started

